

## NICENE Creed

We believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

And in one Lord Jesus Christ, the only Son of God, begotten from the Father before all ages, God from God, Light from Light, true God from true God, begotten, not made; of the same essence as the Father. Through him all things were made. For us and for our salvation he came down from heaven; he became incarnate by the Holy Spirit and the virgin Mary, and was made human. He was crucified for us under Pontius Pilate; he suffered and was buried. The third day he rose again, according to the Scriptures. He ascended to heaven and is seated at the right hand of the Father. He will come again with glory to judge the living and the dead. His kingdom will never end.

And we believe in the Holy Spirit, the Lord, the giver of life. He proceeds from the Father and the Son, and with the Father and the Son is worshiped and glorified. He spoke through the prophets.

We believe in one holy catholic and apostolic church. We affirm one baptism for the forgiveness of sins. We look forward to the resurrection of the dead, and to life in the world to come. Amen.

### <This Week>

11/10 **Service I** 9:30-10:30 (Japanese)  
**Communion** 10:30-45  
**Service II** 11:00-12:30 (Japanese and English / Kid's Mini Church)  
**M's Kitchen** (Lunch Service)

11/15 **PAWS** 20:00-21:00

### <Coming Week>

11/17 **Service I** 9:30-10:30 (Japanese)  
**Service II** 11:00-12:30 (Japanese and English / Kid's Mini Church)  
**Christmas choir rehearsal** 13:30-15:00

11/22 **PAWS** 20:00-21:00

<Next Communion> **12/1 10:30**

<Meetings> (For more info and schedule, please talk to the leaders)

- ❖ **Mini-Church** (Small gathering with a friendly and warm atmosphere)
- ❖ **New Life Class** (First Step to follower's life)
- ❖ **Covenant Class** (Membership Class)

<Offering> Our operating cost is covered by members' spontaneous offerings.

We believe that offering is a part of worship and it's a responsibility of each believer (Malachi 3:10). It also says, "Each man should give what he has decided in his heart to give, not reluctantly or under compulsion, for God loves a cheerful giver (II Cor. 9:6-7)." We don't pass around the offering basket since we don't want anyone who is not able to give for some reason to feel pressure or awkward (especially for visitors). We also would like everyone to do it spontaneously. Please put the offerings in the box on the counter.

1-10-10 Morino, Machida, Tokyo 194-0022 Pastors: Andy H. Nagahara, Mari Ikeda  
Phone 090-9381-4917 (Nagahara) e-mail:contact@yourchurch.jp



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bulletin

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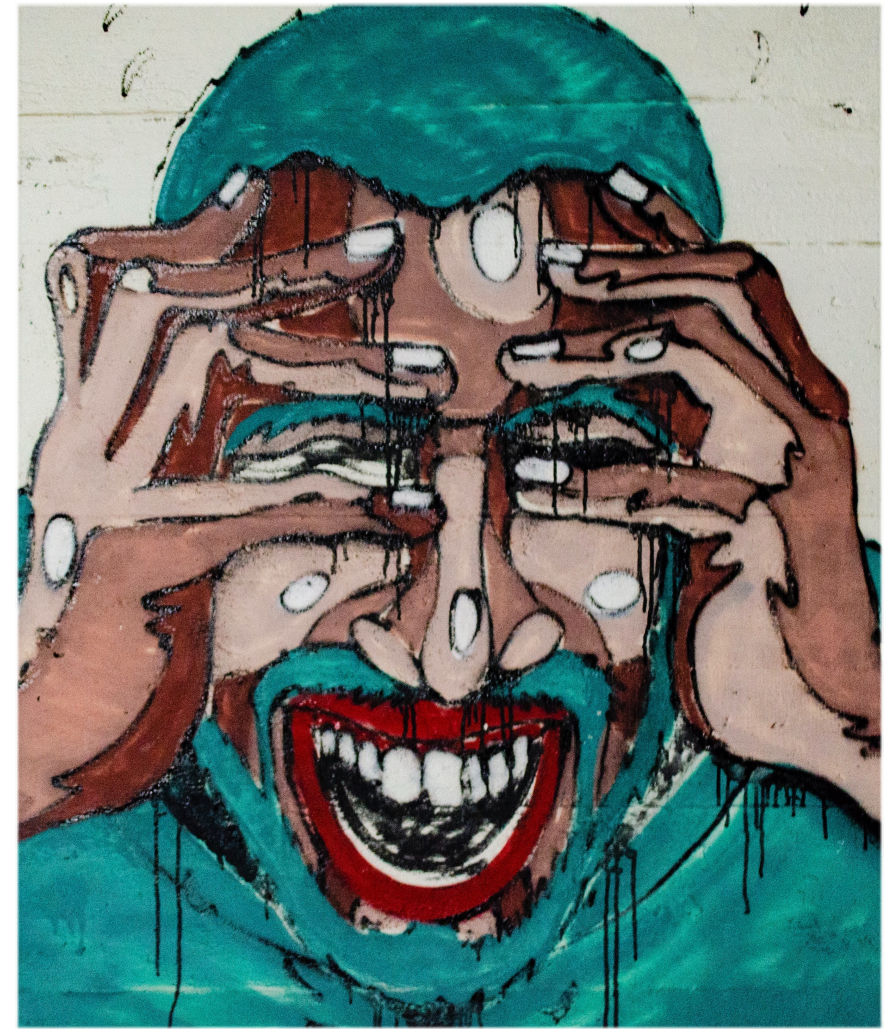


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November 10, 2019 (Psalm 77)

*"Reach God, my voice!"*

Andy Nagahara

A. It's too early to give up (1-6)

B. The most fearful thing for us (7-10)

C. Remember the miracle of God in the past (11-20)

## Summary

Do you really believe that God is always with you? In difficult times, if you give up God's help from yourself and try to find comfort in other things, you will lose something more important than life - your relationship with God. If you have not cried out to God so much that your spirit is wilted out, it is too early to give up.

## For Discussion

- 1) Share about the times when you desperately cried out to God.
- 2) What is your most fearful thing? And how would God deal with it you think?

0 For the director of music. For Jeduthun. Of Asaph. A psalm.

1 I cried out to God for help; I cried out to God to hear me.

2 When I was in distress, I sought the Lord; at night I stretched out untiring hands and my soul refused to be comforted.

3 I remembered you, O God, and I groaned; I mused, and my spirit grew faint.

4 You kept my eyes from closing; I was too troubled to speak.

5 I thought about the former days, the years of long ago;

6 I remembered my songs in the night. My heart mused and my spirit inquired:

7 "Will the Lord reject forever? Will he never show his favor again?

8 Has his unfailing love vanished forever? Has his promise failed for all time?

9 Has God forgotten to be merciful? Has he in anger withheld his compassion?"

10 Then I thought, "To this I will appeal: the years of the right hand of the Most High."

11 I will remember the deeds of the LORD; yes, I will remember your miracles of long ago.

12 I will meditate on all your works and consider all your mighty deeds.

13 Your ways, O God, are holy. What god is so great as our God?

14 You are the God who performs miracles; you display your power among the peoples.

15 With your mighty arm you redeemed your people, the descendants of Jacob and Joseph.

16 The waters saw you, O God, the waters saw you and writhed; the very depths were convulsed.

17 The clouds poured down water, the skies resounded with thunder; your arrows flashed back and forth.

18 Your thunder was heard in the whirlwind, your lightning lit up the world; the earth trembled and quaked.

19 Your path led through the sea, your way through the mighty waters, though your footprints were not seen.

20 You led your people like a flock by the hand of Moses and Aaron.

2019/11/10 (詩編 77)

## 「私の声よ、神に届け!」 永原アンディ

### A. 諦めるのはまだ早い (2-7)

### B. 人にとって最も恐ろしいこと (8-11)

### C. 現された神様の奇跡を思い起こせ (12-21)

## メッセージのポイント

神様はいつでも必ず共にいてくださると本気で信じていますか？苦難の時、自分から神様の助けを諦め、他のものに慰めを見出そうとするなら、あなたは命より大切なもの—「神様との関係」を失うこととなります。神様に向かって、魂が萎え果てるほどに叫び求めているのなら、まだ諦めるのは早過ぎます。

## 話し合いのために

- 1) 主に向かって必死の思いで叫んだ時のことをシェアしてください
- 2) あなたが最も恐れていることは？それを神様はどうして下さると思いますか？

- 1 指揮者によって。エドトンによる。アサフの詩。賛歌。
- 2 私の声よ、神に届け。私は叫ぶ。私の声よ、神に届け。神は私に耳を傾けてくださる。
- 3 苦難の日にわが主を尋ね求め 夜もたゆまず手を差し伸べた。しかし、私の魂は慰めを拒む。
- 4 神を思い起こし、呻き、思い巡らそう 私の霊が萎え果てるまで。
- 5 あなたは私のまぶたを閉じさせず 私は思い乱れて、ものを言うこともできない。
- 6 私はいにしえの日々を とこしえの歳月を思う。
- 7 夜、琴の音を心に思い起こし 思い巡らして、私の霊は問いかける。
- 8 「わが主はとこしえに捨て置き もう二度と、顧みてくださらないのか。
- 9 主の慈しみは永遠に失われ 約束は代々にわたって断たれてしまったのか。
- 10 神は恵むことを忘れ 怒りのあまり憐みを閉ざされたのか。」
- 11 私は思った 「いと高き方の右の手が変わること これこそ私の痛み。」

- 12 主の業を思い起こそう。いにしえからのあなたの奇しき業を思い起こそう。
- 13 あなたの働きの一つ一つを唱え あなたのなされた業を思い巡らそう。
- 14 神よ、あなたの道は聖なる道。我らの神のように大いなる神はいない。
- 15 あなたは奇しき業を行われる神。もろもろの民に力を示し
- 16 その腕をもってご自分の民を ヤコブとヨセフの子らを贖われた。
- 17 神よ、大水はあなたを見た。大水はあなたを見て、もたえ 深い淵さえ震えた。
- 18 雨雲は水を注ぎ出し 雷雲は声を上げ あなたの矢もまた飛び交った。
- 19 あなたの雷鳴はとどろき 稲妻は世界を照らし出し 地は震えおののいた。
- 20 あなたの道は海の中に あなたの行く手は大水の中にある。その足跡を知る者はいない。
- 21 あなたはモーセとアロンの手によって ご自分の民を羊の群れのように導かれた。